

## Expressions

Choreographed by: Wanda & Jim York, Piscataway, NJ, USA (732) 463-8637

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32 count partner's dance. Starts in a cape or sweetheart position, weight on Left.

Music: Cha Cha music at 98 – 118 bpm.

“Just Let Me Be In” Love by Tracy Byrd (Our Favorite)

“From Time To Time” by Rascal Flatts, “Vertical Expressions” by Bellamy Brothers, “One Night At A Time” by George Strait, “Un Momento Alla” by Rick Trevino, “I Just Want To Dance With You” by George Strait

### Skate Forward, Triple Step, Skate Forward, Triple Step

- 1,2 Step forward at right angle on Right foot, step forward at left angle on Left
- 3&4 foot
- 5,6 Triple forward at right angle R, L, R
- 7&8 Step forward at left angle on Left foot, step forward at right angle on Right foot
- Triple forward at left angle L, R, L

### Cross Rock, ¼ Turning Side Shuffle, Jazz Box

- 1,2 Cross rock Right foot over Left, recover Left
- 3&4 ¼ turn right side shuffle R, L, R
- 5-8 Cross Left over Right, step back on Right, step side Left, touch Right (man behind lady)

#### *Men's Steps*

##### **Modified Grapevine w/Shuffle (chasses) Right**

##### **Cross Rock, ¼ Turning Shuffle (LOD)**

- 1-2 Step slight right with Right, cross Left Behind while holding lady's right arm over lady's head while she turns
- 3&4 Side shuffle R, L, R (return to cape position)
- 5-6 Cross rock Left recover Right
- 7&8 ¼ turn left, shuffle forward L, R, L
- L

#### *Ladies' Steps*

##### **Full Turn Right w/Shuffle (chasses) Right**

##### **Cross Rock, ¼ Turning Shuffle (LOD)**

- Make a full turn slightly to right, stepping Right, Left
- Side shuffle R, L, R
- Cross rock Left recover Right
- ¼ turn left shuffle forward L, R,

### Shuffle, Two 1/2 Right (Clockwise) Windmill Turns, Shuffle

- 1&2 Shuffle forward R, L, R
- 3&4 Windmill shuffle ½ turn right (clockwise) L, R, L (Raise left hands, releasing right.)
- 5&6 Continue windmill shuffle R, L, R (making another half turn moving back into line of dance, reconnecting right hands, moving back into cape position)
- 7&8 Shuffle forward L, R, L

Wanda & Jim York are from Central New Jersey and have been teaching Country Dancing since 1996. When in the area, please feel free to contact them about local dancing opportunities.

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