

Heartache Medication (Fr)



Count: 32 **Wall:** 2 **Level:** Beginner + Style : CCS

Choreographer: Agnes Gauthier (August 2019)

Music: Heartache Medication Jon Pardi's



Intro : Starting dance after the first 16 counts

SECTION 1: RF SIDE, TOGETHER, RF SCISSOR CROSS, LF SIDE, TOGETHER, LF SCISSOR CROSS

- 1-2 Step RF to the right, Step LF beside RF
- 3&4 Step RF to the right, Step LF beside RF, Cross RF in front of LF
- 5-6 Step LF to the left, Step RF beside LF
- 7&8 Step LF to the left, Step RF beside LF, Cross LF in front of RF

SECTION 2: RF ROCK STEP FWD, RF SHUFFLE 1/2 TURN, LF STEP 1/4 TURN, LF CROSS SHUFFLE

- 1-2 RF rock forward recover on LF
- 3&4 1/4 turn right step RF step LF beside RF 1/4 turn right RF in front of LF
- 5-6 Step forward LF 1/4 to the right
- 7&8 Cross LF over right, step side right, cross LF over RF PG

SECTION 3: RF HEEL FWD, RF HEEL SIDE, BEHIND SIDE CROSS, LF HEEL FWD, LF HEEL SIDE, LF SAILOR 1/4 TURN

- 1-2 Tap right heel in front, tap right heel to right side
- 3&4 RF cross behind LF, LF to the left, RF cross in front of LF
- 5-6 Tap left heel in front, tap left heel to left side
- 7&8 LF cross behind RF, 1/4 to the left step RF, LF step forward

At the 4th and 7th wall restart after the first 24 counts

SECTION 4: RF WALK, LF WALK, RF MAMBO FWD, LF STEP BACK, RF STEP BACK, LF ROCK STEP BACK WITH JUMP, LF STOMP

- 1-2 Walk forward RF, forward LF
 - 3&4 RF rock forward recover LF, RF step back
- At the 3rd restart wall after the first 28 counts, replace the Mambo with a rock step touch Rf near the LF
- 5-6 LF step back, RF step back
 - 7&8 LF rock back, jump forward on RF, stomp LF beside RF

Star Again